Heather’s Highlights

Dear Readers,

September 2020 is already proving more challenging than any fall the NQCC has ever experienced. That being said, it is important that the NQCC and our dedicated partners continue to find innovative ways to support and serve the North Quabbin Region. We plan to relaunch our monthly forums this month and will use September’s to look comprehensively at the state of our region right now. This will be your opportunity to share how your organization is operating these days, how and to whom referrals can be made, as well as what we can all do to network for North Quabbin.

Please join us on September 18 at 9:00 am via Zoom! Please bring your own coffee, and we hope to be together in person soon! To join the NQCC Monthly Forum, click the link below: https://us02web.zoom.us/j/87256905901?pwd=ekFybHNZzZGwzN3pNsZTYjIvVTo9. Meeting ID: 872 5690 5901 — Passcode: 644702.

Stay safe and healthy! Thank you for all you do,

Heather Bialecki-Canning
Executive Director

Next Coalition Forum:

September 18, 2020
9:00—10:30 am
North Quabbin Now.
A Look at Local Opportunity Amid the Pandemic

Online

October Newsletter
DEADLINE: Sept. 22
Email details to admin@nqcc.org

Visit our comprehensive North Quabbin Area Community Calendar at nqcc.org/events.html

Like us on Facebook for regular updates!

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Current Conditions of North Quabbin Community Services Survey

We want to know how you are operating and connecting during the pandemic. Please take a moment ASAP to fill out our survey! You can fill it out online at www.nqcc.org/survey.html or you can fill it out by using a Word Document (click here) or PDF (click here) and emailing it to info@nqcc.org, or by faxing it to 978-575-0474.
Our FY21 Donor/Members

**PLATINUM PLUS SPONSORS**
Community Action Pioneer Valley

**PLATINUM SPONSORS**
Franklin County Sheriff’s Office

**GOLD SPONSORS**
MassHire Franklin/Hampshire Career Center
Valuing Our Children

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Debra McLoughlin & Roger Miller
Petersham Lions Club
Charlie Winters

**OTHER SUPPORT**
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Bill Burton
MA D.A.R.E.
Carol Newton
Opioid Task Force
Orange Lions Club
Quabbin Mediation, Inc.
David Runyan

Don’t Miss Out On Receiving Our Newsletter — Please Opt-In or You Won’t Hear From Us Again!

The North Quabbin Community Coalition has modernized its operations with new software which forces us to purge our current newsletter email list and start from scratch. This requires that our followers opt into our new email list.

Please take a moment to sign up by clicking here:

[https://northquabbincc.z2systems.com/np/clients/northquabbincc/subscri be.jsp?subscription=5&](https://northquabbincc.z2systems.com/np/clients/northquabbincc/subscri be.jsp?subscription=5&)
Calling All Superheroes

Many children can't run from abuse. We dare you to move, to get involved, to make an impact, and help change your community for the better!

This year we are getting creative with our race and hope that you get creative too.

Run/Walk your 5k any time between 9/13 and 9/27 and share your pictures and reasons for supporting the Children’s Advocacy Center of Franklin and North Quabbin on our Facebook page!

Register at: https://www.runreg.com/childrens-advocacy-center-race-to

Registration donation: $15 per runner, $10 per walker
Race swag will be available for pick up at the CAC for each participant!

For more information email: info@CACfranklinNQ.org

YMCA IN GREENFIELD
2020 Virtual Summer Series via Zoom

OVERDOSE PREVENTION & NARCAN TRAINING

Wednesday
September 23, 2020
10:00 am

Please join us at an upcoming community overdose prevention training to learn how to recognize and respond to an opioid overdose. Participants will also learn how to administer Narcan, a lifesaving opioid overdose reversal drug.

Participants will learn the answers to these questions:

• What is an opioid overdose?
• How do you recognize and respond to an opioid overdose?
• How do you administer Narcan to reverse an opioid overdose?

Want to Join the Zoom call? Please email malle@opioidtaskforce.org. www.opioidtaskforce.org

https://www.facebook.com/events/588044032123513
Covid-19 and Recovery: What does it mean to you?

Recovery in a pandemic has changed how people navigate their recovery requiring people to make connections in new and surprising ways. As part of National Recovery Month, join the Opioid Task Force of Franklin County and North Quabbin Region on September 24 from 2:00 to 3:00 pm via Zoom as we learn from individuals in recovery about what they are doing in their recovery journeys!

To register, visit https://us02web.zoom.us/meeting/register/tZwuceChqDwjGtyAaysW16TwicUCD6VwCV4. For more details, please contact Maile Shoul, Program Manager for the Opioid Task Force, at maile@opioidtaskforce.org.

Athol Bird & Nature Club Events

Please visit https://atholbirdclub.org/abnc-events for more info.

Sept. 4, 11, 18, 25, & Oct. 2 @ 7:30 am: Early Bird Birding with Jeff —Join Jeff Johnstone for this look at our local fall migrating birds. Call Jeff at 978-249-9052 to reserve your spot and provide your contact info. Limited to eight people.
North Quabbin Grandparents’ Support Group

A support group for grandparents of all ages and all walks of life.

For more information please call Bette 978-249-5070

Social Distance StoryWalks

- Silver Lake Park Athol Monday through Friday 9 - 3
- Butterfield Park Orange Tuesdays 10 - 2
- Athol Public Library Fridays 9:30 - 12:30

Pages of children’s books will be posted on signs along the path behind the library. They will be spaced apart to promote “Social Distancing”.

- We are asking each family to distance themselves from other families to help stop the spread of Covid-19.
- Please wash your hands or use hand sanitizer as necessary and have a mask to wear as needed.
- Please do not “meet” other families at the StoryWalk and walk through together.
- If a family is at a sign, please wait for them to start walking to the next sign before you begin to approach.

Any questions give us a call: 978-249-8467

Virtual Nurturing Father’s Program

Nurturing Father’s is a Parent Education Program for dads of all ages. We will be holding this group virtually through Zoom Meetings with all participants. Group will run Tuesdays Sept. 22 to Dec 15th 5 - 6:30pm

To register please call Jennifer at Valuing Our Children: 978-249-8467

Virtual Teen Group

Be the change you wish to see in the world...

Fridays 3:30 via Zoom Meetings. Teens must be signed up by their parent or guardian.

To sign up or for more information please call Jose 978-249-5070
Human Trafficking and Sexual Exploitation Workgroup Meeting

Join members of the Franklin County and North Quabbin Human Trafficking and Sexual Exploitation Workgroup as they work to address the needs of vulnerable populations at their meeting on September 14 from 1:00 to 2:30 pm, via Zoom. Want to join? Email Dottie Arnold, Program and Office Assistant for the Opioid Task Force, at dottie@opioidtaskforce.org for the Zoom call details! Jointly facilitated by the Franklin County Sheriff’s Office and the Opioid Task Force of Franklin County and the North Quabbin Region.

https://www.facebook.com/events/2263854470415668.

Introduction to MassSupport and Suicide Prevention Resources

Please join the Opioid Task Force of Franklin County and North Quabbin Region on Thursday, September 10, at 2:00 pm via Zoom for their next COVID-19 topical called, 'Introduction to MassSupport and Suicide Prevention Resources, featuring a presentation by Jen Matoney from MassSupport Network.

National Suicide Prevention Week runs from September 6 to September 10, 2020, and many are concerned about rising reports of anxiety and depression. MassSupport Network provides free community outreach and support services to residents of all ages in response to the unprecedented public health crisis, COVID-19. This Crisis Counseling Program (CCP) is funded by the Federal Emergency Management Administration (FEMA) and managed in partnership between the MA Department of Mental Health and Riverside Trauma Center, a program of Riverside Community Care.

Jen Matoney is a crisis outreach counselor for MassSupport Network and treasurer of the Pioneer Valley Coalition for Suicide Prevention. She is also a board member, trainer, and field advocate for the American Foundation for Suicide Prevention’s Massachusetts chapter.

To register, visit https://us02web.zoom.us/meeting/register/tZUof-6tpz8pHNbh86EdcxLmYoiA8MCMuktN. For questions, contact Maile Shoul, Program Manager for the Opioid Task Force, at maile@opioidtaskforce.org.
Coronavirus messing with your finances?
Need a little extra help with your bills?
If you live in Orange, Wendell, New Salem, Warwick or Erving and have an economic hardship
due to Covid-19 call us!

* Utility Bills
* Rent Help
* Water/Sewer
* Hot Water
* Internet
* SNAP
* And more!

413-475-1570

Maximum Household Income before taxes and any deductions.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Gross Monthly Income</th>
</tr>
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<tbody>
<tr>
<td>1</td>
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</tr>
<tr>
<td>2</td>
<td>$4,554</td>
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<td>3</td>
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<td>4</td>
<td>$5,692</td>
</tr>
<tr>
<td>5</td>
<td>$6,150</td>
</tr>
</tbody>
</table>

I called, and they were really friendly and helpful. Didn’t cost me anything.

I applied over the phone.

You can also visit your local office for assistance.

Mastello Employment Services
NOW HIRING!

We’re looking for candidates to fill a variety of open positions in the areas of Light Industrial, Technical, Accounting & Finance and Office Support.

**Accounting & Finance:**
- Medical Billing Clerk, Keene, NH
- Costing Analyst, Brattleboro, VT
- Retirement Operations Assistant, Brattleboro, VT

**Office Support:**
- Medical Office Assistant, Rindge, NH
- Seasonal Customer Care Rep, Walpole, NH
- Seasonal Inventory Coordinator, Walpole, NH
- Temporary Office Clerk, Brattleboro, VT

**Light Industrial:**
- Maintenance Technician, Brattleboro, VT
- Quality Assurance Inspector, Northfield, MA
- Machine Operator, Keene, NH
- Director of Manufacturing, Brattleboro, VT
- Machine Operator, Northfield, MA

**Light Industrial:**
- Entry Level Machine Operator, Keene, NH
- Machine Operator/Assembler, Brattleboro, VT
- Production Worker, Brattleboro, VT
- Production Worker, Alstead, NH
- Warehouse Associate, Brattleboro, VT
- Warehouse Associate, Brattleboro, VT
- Temporary Night Custodian, Jaffrey, NH
- Receiving Assistant, Turner Falls, MA
- Press Operator, Turner Falls, MA
- Production Line Operator, Bernardston, MA

Everyone is unique in their own style, skills, and preferences. Our experienced team of recruiters will help you reach your goals. If you’re interested in any of the listed positions, please call our office at (603) 358-1000 to schedule a time to meet with a recruiter or apply online at www.massemp.com

Community Legal Aid

Community Legal Aid provides free civil (non-criminal) legal services to low-income and elderly residents of Central and Western Massachusetts. We work to ensure fairness for all in the justice system, protecting homes, livelihoods, health, and families.

CLA helps with legal issues relating to any of the following areas of law:
- Abuse & Harassment Prevention Orders, Elder Neglect
- Debt Collection & Bankruptcy
- Education & School (special education, discipline, getting the school services a child needs)
- Employment & Unemployment
- Family (divorce, custody, visitation, child support, Department of Children and Families (DCF), CRA/CHINS)
- Government Benefits (TAFDC, EADDC, Food Stamps/SNAP, Veterans’ Benefits)
- Health Care Benefits (including MassHealth and Medicare) and Navigating Home issues.
- Housing Evictions, bad condition, problems with your housing subsidy, housing search, tenant rights
- Immigration
- Re-entry (CORI sealing, accessing housing/jobs)
- Shelter & Homelessness
- Social Security, SSI, Social Security Disability, Supplemental Benefits (SSDI, SSI, SSI, disability benefits, retirement benefits)
- Wills, Estates & Probate, Wills, trusts, powers of attorney, health care proxy, name changes

Community Legal Aid can help with:
- Filing an unemployment claim, and advise you of your rights around returning to work and workplace health and safety.
- Trouble paying rent during the COVID-19 crisis? You are protected from eviction until Oct. 17, 2020. If your landlord is threatening to evict you or you are facing a housing emergency, Community Legal Aid can help.
- If you are age 60 or older and need help with legal issues, our experienced attorneys can advise you about your rights or help you with a benefit, healthcare, housing or other legal issues.
- If you have lost income during the COVID-19 crisis or you may be eligible for cash and food assistance, Community Legal Aid can advise you about applying for these programs or help you appeal a denial of benefits.

If you need help or have additional questions, please call our office at (1-855-252-5342) or visit www.communitylegalaid.org.

Lasagna

Lasagna, garlic bread, salad & dessert

Friday, September 25, 2020
Drive Thru - By Reservation Only
Pick-up times 5:00 to 6:00 pm
Call Maryann @ 978-894-4258
(Reservations taken until Sept. 21st)

Adults $10
Children under 12 free

Athol Congregational Church
1225 Chestnut St, Athol MA
Sponsored by the ACC Missions Committee
to benefit the North Quabbin Citizen Advocacy
Please join us for a virtual Informational Session on

**Youth with Problematic Sexual Behavior- Cognitive Behavioral Therapy Collaborative**

**With keynote speaker, District Attorney Dave Sullivan**

**September 10, 2020 from 1-3PM**

Via Zoom Meeting ID 972 9759 5512
Passcode 905733

The Children’s Advocacy Center of Franklin County and North Quabbin, Inc., the Children’s Advocacy Center for Hampshire County, and the Center for Community Resilience after Trauma have undergone clinical training to support youth with problematic sexual behavior, and their families.

Learn more about this Learning Collaborative, the therapeutic model (PSB-Cognitive Behavioral Therapy), differences in normative and problematic sexual behavior, and how to make a referral.

For more information contact Irene Woods at info@cacfranklinnc.org, or 413-475-3401

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**Children’s Advocacy Center**
of Franklin County and North Quabbin, Inc.

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**CCRT**

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**CHILDREN’S ADVOCACY CENTER**
of Hampshire County
**Participate in a Family Caregiver Research Survey**

Are you a family caregiver of a person who has resided in (and/or is still residing in) a long term care facility (nursing home, rest home or assisted living) during the past 4 months? Nurse researchers at the University of Massachusetts, Amherst, are interested in approaches to care that support family caregivers during the Coronavirus (COVID-19) Pandemic. They are conducting a survey on your experience.

In this research study, you will be asked to complete an online survey and answer questions related to your experience as a family caregiver of a person who resided in or currently resides in a long term care facility over the past four months. The online survey should take as little as 10 minutes, and no more than 20 minutes to complete. Your participation may influence new approaches that support family and caregiver relationships. Your answers will be confidential.

If you have any questions, please feel free to contact the Principal Investigator, Dr. Raeann LeBlanc, by phone at 978-808-4994, or via email at rgleblan@umass.edu. If you are interested in participating, visit [https://umassamherst.co1.qualtrics.com/jfe/form/SV_9zrW7qRXc1eWGIR?fbclid=IwAR2w22Npt4l4nU0C-mnp4YRPK32H3uH_QoEwVhPDef_P xpwziaT3H7Yh8](https://umassamherst.co1.qualtrics.com/jfe/form/SV_9zrW7qRXc1eWGIR?fbclid=IwAR2w22Npt4l4nU0C-mnp4YRPK32H3uH_QoEwVhPDef_PxpwziaT3H7Yh8).

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**The Concordium: Intergenerational Companionship During the Pandemic**

LifePath is partnering with The Concordium to provide a new intergenerational phone companionship program. It is open to any older person in the community.

The Concordium is a Harvard-based social impact venture that matches Harvard undergrads with elders from Massachusetts, based on shared interests. In this manner, they can engage in friendly and interesting conversations via phone once a week. Due to COVID-19, students and elders alike are feeling especially isolated and can benefit from additional social support.

If you’re an elder who is interested in talking to a college student on a regular basis about shared interests, please call 617-797-0090 or email concordiumteam@gmail.com. They can’t wait to meet you!

Seeds of Solidarity: Get your Garlic On!

Sadly, The North Quabbin Garlic and Arts Festival cannot happen this year, given COVID-19 and related, important guidelines. But, the ever-resourceful festival committee is stepping up their outreach to connect you to farm and art exhibitors; preparing a compilation of virtual educational offerings to promote creativity and resilience; and has already made donations to support local causes that propagate community building, justice, and regional vitality. Updates on these will be posted soon. Visit garlicandarts.org and stay tuned to the festival Facebook page at https://www.facebook.com/NorthQuabbinGarlicAndArtsFestival.

New ways to get your Seeds of Solidarity garlic for planting and eating:
Starting September 12 and for five consecutive Saturday afternoons, Seeds of Solidarity will have Garlic Saturdays at their farm, 165 Chestnut Hill Road, Orange MA. Come by their expanded farmstand between 12:00 and 5:00 pm on September 12, 19, 26, Oct 3, or 10 for great selections of growing and culinary garlic and braids, as well as short planting talks by farmer Ricky at 1:00 and 3:00 pm. There will be a different pop-up guest artist each Saturday too (schedule to come soon)! In order to accommodate people safely, these are not a hang-out kind of events, but a short visit to fill your garlic needs and say hello. They’ll provide ideas of other beautiful and delicious things you can do while in the neighborhood. Or, if you prefer, their selection of seed planting and culinary garlic will be available in their self-serve farmstand starting September 12 and open daylight hours, so you can stop by and stock up privately and at your leisure as well as pick some up for your friends and family (cash and check only). They are located at 165 Chestnut Hill Road, Orange, MA. Sorry, no mail order available. Garlic has some anti-viral properties as well as being delicious, but masks and distancing are absolutely required on their site as per state law and for the collective good.
Mission Statement: The North Quabbin Community Coalition is a community-wide alliance committed to improving the quality of life for all those living and working in the North Quabbin since 1984.

Coalition Regular Happenings

North Quabbin Recovery Center Hours
The North Quabbin Recovery Center provides a compassionate, safe space to offer peer support to allow multiple paths of recovery for all. The Center is open on Tuesdays and Thursdays from 10:00 am to 1:00 pm. All Recovery Meetings happen from 11:00 to 11:45 am and can be accessed virtually through this link [https://us02web.zoom.us/j/364283750](https://us02web.zoom.us/j/364283750) or in person. All are welcome.

ACT Group
The ACT Group is held every Tuesday from 1:15 to 2:15 pm. The link to access the meeting is [https://us02web.zoom.us/j/82131343295](https://us02web.zoom.us/j/82131343295).

Renew or Become a Donor/Member Today!
You can help ensure that your community has a voice! The North Quabbin Community Coalition is vital in providing that voice and your support is critical in maintaining the efforts that have improved the quality of life for North Quabbin residents since 1984. Join or renew today here: [http://www.nqcc.org/pdfs/membership_form.pdf](http://www.nqcc.org/pdfs/membership_form.pdf) or through PayPal by clicking here: [PayPal Donate](#)