Dear Readers,

It is officially Fall here in the North Quabbin, and that means transitions with more than just the leaves. This year, thanks to collaboration with Heywood Healthcare, Partnership for Youth, and the many partners of the PART Task Force (Prevention, Addiction, Recovery and Treatment), the North Quabbin Community Coalition has received the Drug Free Community Grant to serve the region! This allowed a new staff member, Sarah Collins, to join the team at the NQCC as the DFC Coordinator. Welcome Sarah! It also means a LOT of work for us to do as a region to give a spotlight on youth prevention of substance use and an increase to the community protective factors that help all youth succeed! No small task, and not a short term task at all. At the NQCC’s October forum, we were able to present some of the changes at the NQCC with the addition of our new staff, and ask that all of our community stakeholders jump in and help these efforts over the next five years and beyond. More announcements will follow as the rollout moves forward, so please stay tuned!

We also welcomed a visit from Congressman McGovern who was able to share with the North Quabbin his take on the state of the Nation and State. He maintains his commitments to support life across western MA and holds regular office hours at the NQCC office on the 3rd Friday of every month from 11:00 am to 2:00 pm. Walk-ins are always welcome! Please do not hesitate to have your voice be heard by contacting Congressman McGovern or our local legislative delegation. We proudly maintain the contact information at www.nqcc.org/legislator_directory.html.

Please VOTE on November 6th! If you do not vote, you do not get to complain! Thank you again for all that you do!

Heather Bialecki-Canning
Executive Director
Our FY19 Donors

**PLATINUM PLUS SPONSORS**
- Athol Orange Rotary Club
- Community Action
- Heywood Charitable Foundation

**PLATINUM SPONSORS**
- Anonymous
- Rebecca Bialecki

**GOLD SPONSORS**
- Lynn Feldman
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- Valuing Our Children

**SILVER SPONSORS**
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- Petersham Lions Club
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- Sandi Walters

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- Joey Baldic, Jr.
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- Elizabeth Swihart

**OTHER SUPPORT**
- Bill Burton
- Opioid Task Force of Franklin County and North Quabbin
- Pete’s Tire Barn
- David Runyan
- SMallet Photography

Donations can be made via PayPal with the link on the cover of this publication, at www.nqcc.org, or by check to the address at left.

LifePath Seeking Care Coordinator- FT Wachusett & North Quabbin Area

The Care Coordinator works independently and as part of an interdisciplinary team providing long term services support, case management, and administrative support for MassHealth funded programs. It is primarily a remote-working/field position conducting assessments in a home setting and coordinating services. The position serves consumers in the Wachusett and North Quabbin areas. Ideal candidates will have excellent interpersonal skills, documentation and record keeping accuracy, computer proficiency, time management, advocacy skills, ability to establish positive relations, flexibility, and multi-tasking skills. Must have a Bachelor's Degree and a willingness to learn and serve elders and/or persons with disabilities. Successful candidate will have reliable transportation and ability to frequently travel throughout assigned areas. Remote work & flex schedule options. For a full description and application requirements, visit www.lifepathma.org.
FREE THANKSGIVING DINNERS

Home Delivered Meal*
(*to those in Athol, Erving, New Salem, Orange, Petersham, Phillipston, Royalston, Warwick & Wendell ONLY)

Do you need a home-cooked meal on Thanksgiving Day?
We deliver free meals to the elderly and homebound!

>> RESERVATIONS REQUIRED BY NOVEMBER 19 <<

Call the North Quabbin Community Coalition at 978-249-3703

Sponsored by the North Quabbin Community Coalition, the Athol Orange Rotary, and the Pioneer Junior Women’s Club.

~ OR ~

Come and enjoy a free Thanksgiving dinner at the

William J. O’Brien Memorial Thanksgiving Dinner @ Noon
Athol American Legion, (corner of Exchange & Pequoig Streets)
Come early and enjoy a cup of coffee. Transportation is available.

>> RESERVATIONS REQUIRED <<

Call the Athol Council on Aging at 978-249-8986

Sponsored by local organizations, businesses, and North Quabbin residents.
Gratitude with Attitude

A free community event to celebrate gratitude and recovery, which will be held on Saturday, November 17, from 2—5 PM at the Athol YMCA in the gym (545 Main Street in Athol).

- Drumming & percussion instruments
- Food
- Open mic
- Fun!

Saturday, November 17
2–5 PM
Athol YMCA

LEADERSHIP DEVELOPMENT PROGRAM

Looking to develop talent from within?
Need confidence in your skills?
Seeking to find ways to communicate better?

SPACE FOR UP TO 12 PARTICIPANTS
6 WEEKS STARTING THURSDAY NOVEMBER 15, 27, DECEMBER 6, 13, 20 & 27
5:30 TO 7 PM EQCC CONFERENCE ROOM
COST $150 PER PERSON. DISCOUNT FOR GROUPS OF 3
OFFERED BY BEVERLY J. BIALECKI PhD
FOR MORE INFORMATION: (978)505-0548
3 DAY FACILITATOR TRAINING
FATHER NURTURING PROGRAM

Training on the Father Nurturing Program curriculum and group facilitation

Learn and practice key skills and become acquainted with the Nurturing Parenting Program® Model

Learn from highly experienced facilitators of Father Nurturing Programs

Required to attend this training:

You MUST be able to commit to attend ALL 3 days Register at: *CTRL click to register

You can also paste the link into your computers URL: https://www.eventbrite.com/e/3-day-father-facilitator-training-whitinsville-ma-nov-27th-28th-and-29th-tickets-51296367817

✓ Register online
✓ Contact Sue Parker for more information
✓ Training approved for 18.75 CEC’S from BU School of Social work

Register NOW!
Advanced Manufacturing

Begin a career in Manufacturing and CNC Machining

Trainings begin January 2019

Attend one of these upcoming Information & Application Sessions:

- Franklin Hampshire Career Center
  One Arch Place (2nd Floor), Greenfield
  - Monday, November 5
  - Monday, January 7, 2019

- GCC Downtown Center
  270 Main Street, Greenfield
  - Monday, December 3

All Information & Application Sessions are from 3:00 - 4:30 pm
Sign up at www.gcc.mass.edu/manufacturing or (413) 774-4361

Apply early to see if you qualify for available funding
- most students pay nothing out of pocket for training.

Veterans, women, unemployed, and other under-represented groups are especially encouraged to apply.

This project is funded in part by an Advanced Manufacturing Training grant awarded to the Franklin Hampshire Regional Employment Board by the Executive Office of Housing and Economic Development, as well as a $7,000 AMP It Up! grant in 2018 from the Manufacturing Futures program of MassDevelopment.
Caregiver Support Group
Supporting those who care for people with chronic illness

Fridays, Nov. 2, 9, 16 & 30, Dec. 7 & 14, 2018
10–11:30 a.m.
Orange Senior Center
135 E. Main Street, Suite C
Orange, MA

You are not alone in this journey. Together, we will discuss the joys of caregiving, consider ways to get through the hard times, and explore how to hang onto our own hopes and dreams.

Topics include:
- Building community
- Finding & making meaning
- Having fun & taking care
- Sharing riches & resources
- Telling the real story

Eileen Naughton, LICSW, Counselor with River Valley Counseling Services, will facilitate the discussions.

FREE! Space is limited. Please call Tracy Gaudet at the Orange Senior Center at 978-544-3481 to reserve your spot.

Sponsored by LifePath with support from the Massachusetts Council on Aging, under a service incentive grant from Massachusetts Executive Office of Elder Affairs.
Quabbin Valley Healthcare’s

Annual Holiday Craft Fair

Saturday, November 17, 2018
9:00 AM – 2:00 PM

Location: 821 Daniel Shays Highway, Athol, MA

Join us for a day filled of fun!

Crafts, Basket Raffles, Huge Chance Auction, Baked Goods, a Lunch Counter and Pictures with Santa & More...

WE LOOK FORWARD TO SEEING YOU HERE!

Proceeds from the craft fair will benefit:

QVHC Resident Council
Veteran’s Club
Alzheimer’s Association
Relay for Life

Visit our Website:
QVHC.COM
Athol Bird & Nature Club

It is membership time again — renew online at https://atholbirdclub.org/abnc-membership/membership-form. Memberships are arriving daily! Thanks to all who have already renewed their membership. Events take place at the Millers River Environmental Center, 100 Main Street, Athol, unless otherwise noted. www.atholbirdclub.org.

Nov 14 @ 6:00 pm: Annual Dinner Meeting & Presentation—Athol Rocks! One Billion Years as Seen in Local Rocks & Landscape — Being held at the Athol American Legion, 325 Pequoig Avenue, Athol. Reservations are required for the dinner and must be received by November 6. To reserve, call Cindy Hartwell at 978-828-7665, or email cindyhartwell56@gmail.com. There will be two dinner options available: stuffed chicken or vegetarian lasagna. Please indicate your preference when making the reservation. She will call or email you back with a confirmation of your reservation. No reservations are necessary for the program. The event will also feature our always popular tin can auction; participants are encouraged to bring an item to donate.

About the presentation: Amazing events have shaped the rocks and landscape of this part of Massachusetts! Continents have collided and split. Dinosaurs lived here. Great glaciers have left their mark on the landscape. Learn about these events, see, and feel samples of some interesting geologic specimens (such as the rare Jurassic armored mud balls) in this presentation by Professor Richard D. Little. This 60-minute PowerPoint program will include handouts and samples. Copies of Professor Little’s books and DVDs will be available for purchase at a discount.
We Want YOU!
Community Action is Accepting Nominations for Community Representatives to be on our Board of Directors

Who makes up the Board of Directors
The Board of Directors (BOD) is a friendly, informal group of 18 people who work together to assist Community Action in meeting its mission and various goals directly effecting the services we provide in the communities in which you live.

How do YOU fit in?
One-third of Community Action’s Board is comprised of Community Representatives. That is, YOU! Community Representatives are self-nominated or nominated by another person and are then democratically-elected. These members represent people living with lower incomes. Eligible, candidates currently reside in the county (Franklin or Hampshire County) in which they are running for election and have lived with a lower-income at some point in their life. You have all you need to be a Board member, your experience and your voice! You will also receive assistance in understanding the needs of the Board and your place in it.

What will you be a part of:
In becoming a community representative, you will have an integral and essential role in a system that provides oversite to this anti-poverty agency and its many programs (see job description). This is an exciting opportunity to represent the community in which you live and to be heard. You will be essential in assessing, planning and re-evaluating the many services, fiscal responsibility and policy and procedures of Community Action and its programs.

The time commitment
As a member of Board of Directors, you would be committing to meet 7 times/year. The Board of Directors elect 6 members as officers (Executive Committee). These positions are elected every February and attend 4 more meetings/year. All members are expected to work on one agency led committee, these include: Finance, Governance, Personnel, Fundraising and two members are the Head Start and Early Learning Programs/Board of Directors representatives meet approximately 4/year.

Where and when are the meetings:
The first meeting for all current and all newly elected Community Representatives is scheduled for Wednesday November 14th at 5:30pm at 56 Vernon St., Northampton. This will be a Board orientation.

As of January 2019, the meetings will be held on the third Tuesday of each month. Meetings alternate between Greenfield and Northampton. Dinner is provided, and transportation can be arranged as needed.

How to complete the nomination form:
Go onto the Community Action website https://www.communityaction.us/. Click on: “About Us” then click on “Community Action Community Representative Elections” or go directly to:
https://www.communityaction.us/communityelections complete the form and submit.

Elections will be held November 5th.

Please check in with a Community Action staff person to obtain the Job Description and Fact Sheet.
Please call Jane Lynch, 413-376-1173 if you have questions.
**Giving Back Together**

*5th Annual Toy Drive*

(Formerly Giving Back in Greenfield)

Are you looking to give back to your community? Do you plan to go through your kids toys in preparation to downsize before Christmas? We would love you to donate NEW or GENTLY USED toys for children/ITEMS FOR TEENS TO OUR TOY DRIVE.

Last year we served 343+ kids AGES 0-17 and I suspect we will have at least that many this year.

This remarkable drive was founded to ensure that no child wakes up on Christmas morning sad and wondering how they have been forgotten.

****TOY DROP OFF LOCATIONS****

A box for donations will be @
North Quabbin Coalition- 251 Exchange St, Athol (M-F 9am-4pm)
23 Pond St, Greenfield (Anytime)
GCTV- 393 Main St, Greenfield
(M-F 10am-6pm, Please DON’T leave when CLOSED!!)

***NEW REQUIREMENT THIS YEAR***

Birth Certificate for EACH child and ID/License REQUIRED TO RECEIVE GIFTS

Contact info: givingbackingreenfield@yahoo.com
Facebook page: Giving Back Together

Toy Distribution will be December 18th, 2018
10-2PM @ Faith Church 331 Silver St Greenfield, MA

**ALL ARE WELCOME, MUST FOLLOW NEW REQUIREMENTS**

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**Free Tutoring for Adults**

**in:**

- Speaking English
- Reading
- Writing
- Math

Help us spread the word!

Seeking adult learners to pair 1:1 with trained volunteer tutors.

Call LVOA 978-249-5381
lvoa01331@gmail.com

Literacy Volunteers of Orange/Athol
Athol Public Library
568 Main St.
Athol, MA

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**Discover Mount Grace**

Family Saturdays at Skyfields

Autumn 2018

Are you looking for ways to get outdoors with your children? We are, too!

Join us from 11am to 12pm on Saturdays in Autumn for an educational family program recommended for children aged 4 to 8. Parents and siblings of all ages are welcome as well. Check out our Fall Schedule of programs, listed below, and be on the lookout for our Turtles Program this winter.

Skyfields Arboretum, 1461 Old Keene Road Athol, MA

For more information, or to RSVP, contact Jerry at (978) 348-2055 or outreach.americorps@mountgrace.org.

Bring clothing for outdoor fun!

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**Quabbin Harvest Fundraising Auction**

Join us for an evening of food, music, and fun to support your local food co-op!

Bid on:
- Cooking lessons!
- Massages!
- Food experiences!
- Beautiful artwork!
- And much more!

FRI, NOV. 9TH, 2018
WARWICK TOWN HALL 12 ATHOL RD
6pm: Music, food and drink, silent auction
7pm: Live auction
Painful Impacted Wisdom Teeth?
Infected Tooth/Gums?
Tooth Knocked Out?
Dental Emergency?

We’re Here To Help!

Urgent Care Walk-In Dental Hours and Locations:

**CHCFC Greenfield 102 Main Street**  
ph: (413) 774-2615  
Tuesday - Doors open at 7:30am  
Saturday - Doors open at 7:00am  
Space is limited, first come first serve.  
Please arrive early to the rear entrance.

**CHCFC Orange 450 West River Street**  
ph: (978) 544-1576  
Friday - Doors open at 7:30am  
Space is limited, first come first serve.  
Please arrive early to the front entrance.

**BFMC Dental Clinic 164 High Street**  
ph: (413) 325-8700  
Sunday - Thursday from 8:00am to 4:30pm  
Serves the dental needs of the ER and accepts 2 walk-ins daily.

Non-urgent dental care (exams, cleanings, fillings, dentures) are provided in the Greenfield and Orange CHCFC locations.

Monday - Friday from 8:00 am to 4:30pm

For a full list of comprehensive services, visit www.chcfc.org
Do you know someone
Who could use help
with Reading and Math?

We are accepting new students!
The Literacy Project North Quabbin
Orange Innovation Center
131 West Main Street, Suite 100

(978) 544-8917

FREE Public Workshop:
TROUBLE GETTING A JOB OR HOUSING DUE TO A RECORD?

KNOW YOUR RIGHTS, OPTIONS & STRATEGIES

Thursday, November 15th, 11 AM – 1 PM

Topics will include knowing what is on your record, questions that may and may not be asked, housing rights, Cori changes, and more!

Offered in a comfortable setting with caring and personable staff.

Presented by The Literacy Project North Quabbin. Pre-registration preferred but not required.
Please call (978) 544-8917 or email cking@literacyproject.org for more information
Mission Statement: The North Quabbin Community Coalition is a community-wide alliance committed to improving the quality of life for all those living and working in the North Quabbin since 1984.

Congressman James P. McGovern’s Local Office Hours in Athol

Congressman James P. McGovern, serving the 2nd Congressional District, Massachusetts, has local office hours at the North Quabbin Community Coalition, 251 Exchange Street, Athol. Staff will be available on the third Friday of every month from 11:00 am to 2:00 pm to meet with you and provide assistance/advocacy with matters pertaining to federal government agencies and to discuss concerns, thoughts or opinions regarding matters pertaining to the federal government. To schedule an appointment or for additional information, please contact Eladia Romero, Regional Manager at 978-466-3552.