Heather’s Highlights
Hello Newsletter Readers,

The Coalition’s Annual Luncheon Celebration in June was a great time for all and we thank everyone who attended. This year’s honored recipients of the Barbara Corey Award are truly fitting of the term “power couple.” Pamela and Jeff Jobst have lived and worked in the North Quabbin community for decades and have been dedicated to improving the quality of health and life throughout the area.

Jeff has recently retired from a career of teaching, where he enriched so many lives of his students. He also has been involved for many years in coordinating the Athol Recreation Playground Program allowing for hundreds of children to have a safe, fun way to spend summer vacations. Jeff has had a lifelong love for youth and he has been a supporter of many youth sports. At any community event where you find Pam, you will probably also find Jeff or at least something he has built for the event. He has supported events like Family Fun Day, National Night Out, and more from building portable minion basketball hoops to blowing bubbles in Petersham.

Pam has dedicated her adult life to promoting health for our community. She has a long history with Athol Hospital, working as a community health visiting nurse, as well as on the floors. She was one of the founding team members who developed the oncology center at Athol and has been a support for many as they have gone through the difficult process of cancer treatment.

As an outreach nurse, Pam has served as the hospital’s representative to local senior centers doing blood pressure and flu clinics, offering options for local community services, and helping people connect to health and human services they need. Pam was the long-term coordinator for HIV and AIDS services locally, and more recently, the local Narcan trainer. Pam can do anything from education on ticks and Lyme disease to bed bugs or head lice all in a day! Pam works tirelessly to promote Athol Hospital, and is a staple in the community as a trusted source of health information.

Pam and Jeff raised two successful young men, who have gone on to their own adult journeys, and both have influenced the lives of countless other young people as well. We are proud to call these folks neighbors in the North Quabbin and also friends!

See our Annual Report at www.nqcc.org for all our 2018 award recipients. Have a joyful summer and we hope to see you in September.

Heather Bialecki-Canning
Executive Director

Next Coalition Forum:
September 21, 2018
9:00—10:30 am
Topic: TBD
Orange American Legion, 40 Daniel Shays Hwy, Orange

September Newsletter DEADLINE:
August 21, 2018
Email details to admin@nqcc.org
Visit our comprehensive North Quabbin Area Community Calendar at nqcc.org/events.html

Like us on Facebook for regular updates!

NQCC
251 Exchange Street
Athol, MA 01331
978-249-3703
www.nqcc.org
info@nqcc.org

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SUMMER EATS KICK OFF & FAMILY FUN DAY

In partnership with NQCC’s Children’s Health and Wellness System of Care

WEDNESDAY, JULY 11th, 2018
11:00AM—1:00PM
ATHOL COMMUNITY ELEMENTARY SCHOOL
1004 Pleasant St, Athol

Celebrate the start of summer with food, activities, and fun! Join ATHOL-ROYALSTON REGIONAL SCHOOL DISTRICT, PROJECT BREAD, NORTH QUABBIN COMMUNITY COALITION’S CHILDREN’S HEALTH AND WELLNESS SYSTEM OF CARE, ATHOL POLICE AND FIRE DEPARTMENT, VALUING OUR CHILDREN, and other community organizations to kick off the 2018 Athol-Royalston Summer Eats program.

Join us for a cookout, face-painting, a live DJ, and activities and games for all ages!
The Franklin County Bar Association, the Foundation for Community Justice and Friends invite you to a reception to celebrate Lucinda Brown’s retirement.

Wednesday, July 11, 2018
Parish Hall at Sts. James’ and Andrew’s Church
Church Street, Greenfield
4:30 - 6:30 p.m.

Come enjoy good hors d’oeuvres and good company. Donations to the Foundation for Community Justice welcome.

Please RSVP Sara Cummings at 413.376.1129 or scummings@communityaction.us

Please join us for the 15th ANNUAL YOUTHSPEAK!
Hosted by the Franklin Hampshire Youth Career Connections Council

Wednesday August 8, 2018
2:00 – 4:00 PM
Orange Innovation Center
131 W Main St.
3rd Floor
Orange, MA 01364

Food!

Join us for a lively conversation, about jobs and your future!
With:
- Coworkers
- Employers
- Community Members

PLEASE CONTACT 413-773-1835 or info@fhreb.org FOR MORE INFORMATION

Western Massachusetts Health Equity Summit

Save the Date
Friday, September 14, 2018
UMass Amherst Campus Center
8:30-3:30pm
Registration will open July 1st!
http://www.umass.edu/sphhs/wmhen

Sensory Playgroup

For children who have challenges with food and eating.

We will be exploring different foods and sharing tools on how to help your child with eating challenges. There will also be art activities, gross motor play, and social and emotional learning opportunities.

Families must register for this group. To register or for any questions please contact:
Arielle Schwell - 919-696-4277
Jennifer Aldrich - 978-249-8467 x24

Wednesdays
10:30 am – 12 pm
July 11th to August 15th
17th Annual Backpack Distribution

Tues., August 14, 2018
Distribution Times:
10:00 AM—12:00 PM
1:00 PM—3:00 PM

ACU - Community Room
527 Main Street, Athol

Free! Backpacks for school aged children—(K-12) that live in the North Quabbin

Backpacks will be distributed on a first come, first served basis, while supplies last

Any questions contact Shirley Mitchell
(978) 249-5070 Ext 23
Need your High School Equivalency?
Want to improve your reading and math?
Want to learn or improve skills with the computer?
Need help breaking into the workforce?

Take classes at The Literacy Project North Quabbin at no charge to you!

Fall 2018 – Spring 2019 Schedule
Mondays, Tuesdays & Wednesdays 10AM to 1:30 PM: HİSET and Adult Basic Skills

Study for the HİSET/GED Test or increase your skills in all subjects. Scholarships for test fees available!

Tuesdays & Wednesdays, 3:30 PM – 5:30 PM: Computer Based Learning
Learn or increase your computer skills while learning various ways to engage in studies Online.

Thursdays, 10:00 AM to 1:00 PM: Career Pathways
Discover ways to find and keep a job through various workshops, lessons and 1:1 Counseling

Staff return after the Summer on Sept. 4, 2018. Call (978) 544-8917 to register, beginning on that date.

Classes resume September 10, 2018. Serving students aged 16 through adult!

All Classes are held in The Orange Innovation Center (OIC)
131 West Main Street, Suite 100
Orange, MA 01364

Job Fair
Wednesday, July 11th
262 Millers Falls Rd.
Turners Falls, MA
2pm – 5pm

Currently Hiring for 1st & 2nd shifts
12 hour Rotating Schedules

Applications and Interviews on the spot!
Come and see the facility!
Please bring a copy of your resume or recent work history.

Call 413-774-0118 for more Information!

Positions Available Include
Trimmers & Packers
Machine Techs (2nd shift)
Supervisor (2nd shift)
Employment Opportunities at The United Arc
The United Arc provides direct services and advocacy for individuals with intellectual and developmental disabilities and their families.

Positive Parenting Coordinator
Positive Parenting services are part of the Family Support Department. The Positive Parenting Coordinator is responsible for oversight of parenting groups and special projects and assists the Program Director with supervision of staff, case assignments, outreach to community partners and funders, and budget management. The primary work site is The United Arc’s Positive Parenting office located at 294 Avenue A in Turners Falls. The Coordinator must be able to travel to private homes, DCF meetings at various offices, other Arc sites, community events, and other agencies as needed. We offer a competitive salary and excellent benefits. Please find the details on this position and how to apply at theunitedarc.org/pdf.html?pdf=employment/employ_ppc2018.pdf

Direct Care Staff—Full Time
The United Arc is seeking dynamic and team-oriented individuals to provide services to adults with developmental disabilities in residential living situations. Full time positions, including second shift, overnight and weekend shifts are available. Staff in these positions will enable the individuals we serve to have as much control as possible over his/her home, provide assistance in various areas including health maintenance, money management, shopping, cooking, ADL skills, socialization, establishing meaningful relationships and community involvement. Please find the details on these positions and how to apply at theunitedarc.org/pdf.html?pdf=employment/dcs1018.pdf.

Talent Acquisition Team
Now Seeking Skilled Office Staff for Positions in
Marketing
Accounting
Data entry
Dispatching
Customer Service Dept.
And More!

SUMMER JOB FAIR
Tuesday, July 17th
From 9am – 11am

Conducting interviews at
The Franklin Hampshire Career Center
1 Arch Place.
Greenfield, MA
Applications and Interviews on the spot! Please bring a copy of your resume or recent work history.
Forum for Senate Candidates

Voters in the northern region of the Hampshire, Franklin, and Worcester Senate district will have an opportunity to meet the Democratic candidates running for the senate seat formerly held by Senator Stan Rosenberg. On July 24, from 7:00 to 9:00 pm in the New Salem Town Hall, a regional committee made up of local town Democratic committees will host the event. Write-in candidates Jo Comerford, Steve Connor, David Murphy, Ryan O’Donnell, and David Warren, as well as Chelsea Kline, the only candidate on the ballot, have all confirmed that they will attend.

The evening will open with an hour of comments by audience members alerting the candidates to the particular problems of the north region followed by comments by the candidates and questions. New Salem Town Democratic Committee Chair Sharon Tracy explained, “This is a unique opportunity for voters in the north region of the district to meet the candidates, listen to their views, and express their concerns.”

The New Salem Town Hall is located at 15 South Main Street in New Salem and is handicapped accessible. For additional information or questions, people are encouraged to call or email Mary-Ann Palmieri, Secretary of the New Salem Town Democratic Committee, at 978-544-2611 or mapalmieri1126@gmail.com.

Spotlight Award

The North Quabbin Community Coalition was pleased to present its Spotlight Award to Robert Amyot this past June. Robert was nominated by LifePath for his above and beyond service supporting folks at Quabbin Valley Healthcare for many years. Thank you, Robert, for your important contribution to the community.
We hope you will join us at our 24th Annual Athol Hospital Golf Classic. Over the years, the Golf Classic, and you our valued sponsors, have provided support for enhancements for many important services, programs, and equipment for the hospital.

Our 24th Annual Golf Classic will honor our tournament’s proud legacy of care and support. We are pleased to announce that funds from this year’s Golf Classic will support the construction of a new Athol Hospital Emergency Department (ED) and Medical Office Building (MOB). The planned ED construction will provide more spacious treatment rooms, to include a separate treatment area for behavioral health patients and will improve efficiency, optimizing the patient experience, while the new MOB will provide additional office space for primary, specialty and behavioral health providers.

Again this year, we will offer complimentary box lunches directly from the Ellinwood grill (featuring a free beverage ticket), which will be available for golfers to pick up at the 19th Hole after registration (located in the same building as registration). Registration will be held starting at 10:30 am with a shotgun start at noon. We are also excited to share that we will be adding a new women’s team category to this year’s tournament!

The 24th Annual Athol Hospital Golf Classic will be held on Wednesday, August 8, 2018 at the Ellinwood Country Club in Athol. You can sign up online at https://www.heywood.org/atholgolf. Reservations for golfers will be accepted on a first-come, first-serve basis through July 20, 2018 or until the tournament is filled, whichever comes first.

We appreciate your support of Athol Hospital and look forward to seeing you on the 8th of August. If you have any questions regarding the Golf Classic and your participation, please contact the Heywood Healthcare Philanthropy Department at 978-669-5624.
The Sixth Annual

RIDE OF YOUR LIFE
MOTORCYCLE RIDE

SUNDAY, AUGUST 19, 2018

Monty Tech Regional School, 1050 Westminster Street, Fitchburg, MA  • Rain or Shine!

Register and get pledge form and waiver at www.suicidepreventiontaskforce.org

Proceeds benefit suicide prevention efforts in the North Central and North Quabbin regions

Door prizes, entertainment and health information • Fun for the entire family • Open to the public!

MOTORCYCLE RIDE

Three hour ride through North Central Massachusetts with stops at local motorcycle shops. Ride registration begins at 8:00 am, kickstands up 10:00 am. $25 for riders, $15 for passengers (includes lunch, maps and on-route refreshments).

BBQ

Join us at 11:30 am - open to all! $10 adults, $5 children under 12.

JOB FAIR

Stop by from 8:00 am - 2:30 pm. Hosted by the North Central Career Center.

Montachusett Regional Technical High School
is a SMOKE-FREE campus

Montachusett Suicide Prevention Task Force
Providing Hope to Our Community
Western Mass
B.A.C.A.

Present The
5th Annual
Motorcycle Ride & Family
BBQ
Held At

Young Men’s Club of Hadley
138 East Street, Hadley MA 01035

Family BBQ
Sunday July 15, 2018
1pm to 5pm
Tickets $20
(Kids 12 & Under Free)

Motorcycle Ride
Registration: 10am
Kickstand’s Up: 11am
Tickets $25 per Bike
(Add $15 for Passenger Meal Ticket)

$5 dollars off for advance ticket sales

Music* Kids Activities *Cash Bar * Raffles
Proceeds Benefit the Children of Western MA B.A.C.A.

Event & Ride to Take Place Rain or Shine

B.A.C.A., Bikers Against Child Abuse, Inc. is a tax exempt 501 (C)(3) non-profit corporation.
For more information, please email at info@we-ma.bacaworld.org or call (413)320-0498
Athol Bird & Nature Club
Events take place at the Millers River Environmental Center, 100 Main Street, Athol, unless otherwise noted. [www.atholbirdclub.org](http://www.atholbirdclub.org)

**Millers River Environmental Center Open House & Natural History Programs—1:00 to 4:00 pm Each Day with a 2:00 pm Program**

**July 8:** Join Ernie LeBlanc in searching Rich Park for insects of all sorts - butterflies, beetles, flies, and whatever else we find! Suitable for all ages.

**July 15:** Geology Division - Explore the Quarry's rocks and minerals in the basement lab where you'll find activities of interest to those of all ages. You will also able to explore the native habitat garden at the Center.

**July 22:** “Nature Buddies” Bonnie & Al Benjamin will host special fun for families – take a closer look at bugs, butterflies and all living things creepy-crawly!

**July 29:** Dave Small will present a program on dragonflies and damselflies of the Millers River.

**Aug. 5:** Join Heidi and Susan at an open drawing session featuring several natural history specimens from the ABNC collections. Drawing materials and fellowship (but not instruction) will be provided. All ages and experience are welcome.

Additional Open Houses/Programs for August can be found at [www.atholbirdclub.org](http://www.atholbirdclub.org).
Big Tobacco is Sweet Talking Our Kids!

Did you know?
In Massachusetts, almost 24% of high-school students reported using e-cigarettes, and nearly half tried them at least once. More high school youth used e-cigarettes than all other tobacco products combined, AND they used them nine times more often than adults.

Vape pens and e-cigarettes are not harmless. They contain nicotine and other harmful chemicals.

The tobacco industry makes its products:
**Sweet:** E-cigarettes or vape pens come in over 8,000 different flavors. Flavors are the leading reason that youth are using e-cigarettes.

**Cheap:** Products are cheaply priced to encourage impulse buys by young people.

**Easy to Get:** These products are at gas stations, corner stores, pharmacies, mini-marts, and many more types of stores.

Talk with your kids!
Talk with your teenagers about vaping and make sure they know it’s harmful. Nicotine is addictive and affects their brain development negatively, including increased risk for depression, mood disorders, or future drug addiction. The earlier they start, the harder it is to quit.

For more information, visit [GetOutraged.org](http://GetOutraged.org), or contact Tina Grosowsky, Project Coordinator, Central MA Tobacco Free Community Partnership, UMass Medical School by phone: (508) 856-5067 or email: tina.grosowsky@umassmed.edu

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**Current Use of Tobacco Products by Massachusetts High School Youth, 2015**

<table>
<thead>
<tr>
<th>Product</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cigarettes</td>
<td>7.7%</td>
</tr>
<tr>
<td>Any Tobacco Products†</td>
<td>15.9%</td>
</tr>
<tr>
<td>E-Cigs</td>
<td>23.7%</td>
</tr>
</tbody>
</table>

**E-Cigarette Use Among Massachusetts High School Youth and Adults, 2015**

<table>
<thead>
<tr>
<th>Comparison</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>High School Youth</td>
<td>2.6%</td>
</tr>
<tr>
<td>Adults</td>
<td>13.5%</td>
</tr>
<tr>
<td>Ever Use of E-Cigs</td>
<td>44.8%</td>
</tr>
</tbody>
</table>

† Use in the past 30 days.
‡ Any tobacco is defined as cigarettes, cigars (including little cigars and cigarillos), and smokeless tobacco (such as chewing tobacco, snuff, or dip).
Mission Statement: The North Quabbin Community Coalition is a community-wide alliance committed to improving the quality of life for all those living and working in the North Quabbin since 1984.

Congressman James P. McGovern’s Local Office Hours in Athol

Congressman James P. McGovern, serving the 2nd Congressional District, Massachusetts, has local office hours at the North Quabbin Community Coalition, 251 Exchange Street, Athol. Staff will be available on the third Friday of every month from 11:00 am to 2:00 pm to meet with you and provide assistance/advocacy with matters pertaining to federal government agencies and to discuss concerns, thoughts or opinions regarding matters pertaining to the federal government. To schedule an appointment or for additional information, please contact Eladia Romero, Regional Manager at 978-466-3552.