

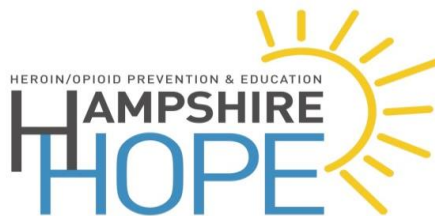
Quaboag Hills Region Resource Guide




For Drug and Alcohol Treatment and
Related Services



the carson center



Baystate  Mary Lane Hospital

Contents

Detoxification Services	pg 3
Hospitals	pg 3-4
Emergency Services and Crisis Centers	pg 4-5
Substance Use and Recovery Counselors	pg 5-6
Substance Use and Recovery Counselors for Youth	pg 6-7
Resources for Youth	pg 8
Day Treatment, Intensive Outpatient Programs	pg 9-10
Medication-Assisted Treatment Providers	pg 10-11
Pain Management	pg 11
Recovery Learning Communities	pg 11-12
Domestic Violence Resources	pg 12-14
Hotlines	pg 14-15
Warmlines	pg 15
Additional/Educational Resources	pg 15-16
Basic Needs	pg 16-17

Detoxification Services

Detoxification services can be accessed if you are or someone is in need of detoxification from substance use. The best way to get directly into a detoxification unit is to call and ask if they have open beds and then go to the facility. Each day beds will open so it's important to continue to call and ask.

AdCare Hospital	(107 Lincoln Street, Worcester MA)	800-345-3552
Baystate Medical Center	(471 Chestnut St, Springfield MA)	413-733-1423
Berkshire Medical Center	(165 Tor Court, Pittsfield MA)	413-442-1400
Brattleboro Retreat	(1 Anna Marsh Lane, Brattleboro VT)	802-258-3700
Community HealthLink	(68 Jacques Ave, Worcester MA)	508-860-1200
Providence Behavioral Health	(1233 Main St, Holyoke MA)	800-274-7724
Spectrum Detox	(154 Oak Street, Westborough MA)	800-366-7732

Hospitals

Each Hospital listed will assess you if you are in crisis for either substance use or mental health problems. The hospitals can assist in accessing detoxification and other resources.

Athol Memorial Hospital	(2033 Main St, Athol MA)	978-249-3511
Baystate Mary Lane	(85 South St, Ware MA)	413-967-6211
Baystate Medical Center	(759 Chestnut St, Springfield MA)	413-794-0000
Baystate Wing Hospital	(40 Wright St, Palmer MA)	413-283-7651
Cooley Dickinson	(30 Locust St, Northampton MA)	413-582-2000
Harrington Memorial	(100 South St, Southbridge MA)	508-765-9771
Heywood Hospital	(242 Green Street, Gardener MA)	978-632-3420
Holyoke Medical Center	(575 Beech St, Holyoke MA)	413-534-2500
Johnson Memorial	(201 Chestnut Hill, Stafford Springs CT)	860-864-4251
Mercy Medical Center	(271 Carew St, Springfield MA)	413-748-9000

St. Vincent Hospital (123 Summer St, Worcester MA) 508-363-5000

UMass Memorial Medical (55 Lake Ave, Worcester MA) 508-334-1000

Emergency Services/Crisis Centers

Provide emergency screenings and placement for individuals in mental health and or substance use emergencies. If you cannot get to the location you may be seen by mobile team at home or in the community. Services are 24/7 and go by what area you are located in. Statewide ESP 877-382-1609

North County towns include (Ashburnham, Ashby, Ayer, Barre, Berlin, Bolton, Clinton, Fitchburg, Gardner, Groton, Hardwick, Harvard, Hubbardston, Lancaster, Leominster, Lunenburg, New Braintree, Oakham, Pepperell, Princeton, Rutland, Shirley, Sterling, Templeton, Townsend, Westminster & Winchendon)

ESP Provider: Community HealthLink Inc.

24 Hour Access number: 800-977-5555

Sites are located in Leominster, Gardner

South County towns include (Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster & West Brookfield)

ESP Provider: Riverside Community Care

24 Hour Access number: 800-294-4665

Sites are located in Hopedale, Upton & Southbridge

Worcester County towns include: Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West Boylston & Worcester

ESP Provider: UMass Memorial Medical Center

24 Hour Access number: 866-549-2142

Sites are located in Worcester

Southern Pioneer Valley towns include: Agawam, Belchertown, Blandford, Bondsville, Chester, Chicopee, East Longmeadow, Granby, Hampden, Holyoke, Huntington, Indian Orchard, Longmeadow, Ludlow, Monson, Montgomery, Palmer, Russell, South Hadley, Southampton, Southwick, Springfield, Thorndike, Three Rivers, Tolland, Ware, Westfield, West Springfield & Wilbraham

ESP Provider: Behavioral Health Network

24 Hour Access number: 800-437-5922

Sites are located in Holyoke, Springfield & Westfield

Northampton towns include: Amherst, Chesterfield, Cummington, Easthampton, Florence, Goshen, Hadley, Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, Worthington

ESP Provider: Clinical and Support Options

24 Hour Access number: 800-322-0424

Sites are located in Florence

Substance Use and Recovery Counselors

These are providers who offer assessment and substance use therapies.

AdCare Outpatient Services Intake line	117 Park Ave, West Springfield MA 413-209-3124
Agawam Counseling Center Intake line	30 Southwick St, Agawam MA 413-789-9623
Carson Center for Adults and Families Intake line	120 Maple St, Springfield MA 413-737-3730
Carson Center for Adults and Families Intake line	77 Mill St (Suite 251), Westfield MA 413-568-6141
Carson Center for Adults and Families Intake line	96 South St, Ware MA 413-967-6241
Center for Human Development Intake line	367 Pine Street, Springfield MA 800-232-0510
Clinical and Support Options Intake line	1 Arch Place, Greenfield MA 413-774-1000
Clinical and Support Options Intake line	8 Atwood Drive, Northampton MA 413-586-8550
Clinical and Support Options Intake line	130 Maple St, Springfield MA 413-737-9544
Crossroads Agency Intake line	80 Congress (Suite 106), Springfield MA 413-739-1611
Crossroads Agency Intake line	121 Lincoln St, Worcester MA 508-795-1611
Gandara Center	2155 Main St, Springfield MA

Intake line	413-736-0395
Griswold Center Intake line	40 Wright St, Palmer MA 413-284-5285
Holyoke Medical Center Intake line	575 Beech St, Holyoke MA 413-534-2698
Mt. Tom Center for MH and Recovery Intake line	40 Bobala Rd, Holyoke MA 413-536-5473
Mt. Tom City Clinic (BHN) Intake line	230 & 235 Maple St, Holyoke MA 413-532-0389
Positive Path Counseling Center Appointment Line	4 South Street, Ware MA 413-627-9749
Providence Behavioral Health Intake line	1233 Main St, Holyoke MA 413-536-5111
Phoenix House Outpatient Intake line	15 Mulberry St, Springfield MA 844-439-4523
ServiceNet Outpatient Programs Intake line	55 Federal St, Greenfield MA 877-984-6855
Sloan Clinic (BHN) Intake line	471 Chestnut St, Springfield, MA 413-733-1431

Substance Use and Recovery Counselors for Youth

These are providers who offer assessment and substance use therapies that specialize in youth services.

Carson Center for Human Services Intake line	20 Broad St, Westfield MA 413-568-1421
Carson Center for Human Services Intake line	96 South St, Ware MA 413-967-6241
Child Guidance Clinic (BHN) Intake line	110 Maple St, Springfield MA 413-732-7419
Clinical & Support Options Intake line	10 Main St, Florence MA 413-586-8550

Community Healthlink Youth Outpatient Intake line	71 Jacques Ave, Worcester MA 508-791-3261
Counseling and Assessment Clinic Intake line	51 Union St (G02), Worcester MA 508-756-2005
Gandara Mental Health Youth Intake line	2155 Main St, Springfield MA 413-736-0395
Genesis Counseling Services Intake line	24 Union Ave (11), Framingham MA 508-620-2992
George Wells Human Services Intake line	29 Pine St, Southbridge MA 508-765-9167
Griswold Center Intake line	40 Wright St, Palmer MA 413-283-7651
LUK Crisis Center Counseling Intake line	1280 Main St, Worcester MA 508-438-1490
LUK Crisis Center Counseling Intake line	545 Westminster St, Fitchburg MA 978-829-2248
North Central Human Service Intake line	31 Lake St, Gardner MA 978-632-9400
Providence Behavioral Health Intake line	1233 Main St, Holyoke MA 413-538-9400
Phoenix Outpatient for Youth Intake line	15 Mulberry St, Springfield MA 413-739-2440
Sloan Clinic Counseling Intake line	471 Chestnut St, Springfield MA 413-794-5555
Spectrum Outpatient Youth Intake line	585 Lincoln St, Worcester MA 508-797-6100
Spectrum Outpatient Youth Intake line	76 Summer Street (140), Fitchburg MA 978-343-2433
Youth Opportunities Upheld Intake line	81 Plantation Street, Worcester MA 508-849-5600
Wayside Youth and Family Support Intake line	121 Providence St, Worcester MA 508-929-2000

Resources for Youth

Alateen refers to, "worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help." Alateen "is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years". For lists of meetings or for more information call 888-425-2666 or visit www.al-anon.alateen.org

CASTLE (Clean and Sober Teens Living Empowered) Detoxification Unit
10 Meadowbrook Rd, Brockton MA 508-638-6000

CASTLE (Clean and Sober Teens Living Empowered) Rehabilitation Unit
10 Meadowbrook Rd, Brockton MA 508-638-6000

Central Intake and Care Coordination (CICC) 866-705-2807
www.healthyrecovery.org
Free and confidential help with finding the right youth service or program

Department of Public Health Bureau of SA 617-624-5161
www.mass.gov/dph/bsas
Office of Youth and Young Adult Services

Motivating Youth Recovery (MYR) Detoxification Unit
26 Queen St, Worcester MA 508-860-1244

Motivating Youth Recovery (MYR) Rehabilitation Stabilization Unit
26 Queen St, Worcester MA 508-860-1244

The CASTLE (Clean and Sober Teens Living Empowered) Detoxification Unit
10 Meadowbrook Rd, Brockton MA 508-638-6000

The CASTLE (Clean and Sober Teens Living Empowered) Rehabilitation Unit
10 Meadowbrook Rd, Brockton MA 508-638-6000

Central Intake and Care Coordination (CICC) 866-705-2807
www.healthyrecovery.org
Free and confidential help with finding the right youth service or program

Department of Public Health Bureau of SA 617-624-5161
www.mass.gov/dph/bsas
Office of Youth and Young Adult Services

National Teen Dating Abuse Helpline 866-331-9474

Day Treatment; Intensive Outpatient Program (IOP)

These are services that meet 3-5 days per week for a minimum of 3.5 hours a day. These programs are designed to assist substance users in stabilizing and finding personal recovery.

AdCare Hospital Intake line	95 Lincoln St, Worcester MA 800-345-3552
Beacon Programs Intake line	48 Sanderson St, Greenfield MA 413-773-4444
Carson Center for Human Services Intake line	96 South St, Ware MA 413-967-6241
Center for Behavioral Health Intake line	575 Beech St, Holyoke MA 413-534-2627
Clinical and Support Options Intake line	8 Atwood Drive, Northampton MA 413-586-8550
Community HealthLink Day Treatment Intake line	71 Jacques Ave, Worcester MA 508-860-1000
Crossroads Agency Intake line	80 Congress (Suite 106), Springfield MA 413-739-1611
Crossroads Agency Intake line	121 Lincoln St, Worcester MA 508-795-1611
Counseling & Assessment Clinic Intake line	51 Union St (Suite G02), Worcester MA 508-756-2005
Gandara Center Intake line	2155 Main St, Springfield MA 413-736-0395
George B. Wells Center Intake line	29 Pine St, Southbridge MA 508-765-9167
Holyoke Medical Center Intake line	575 Beech St, Holyoke MA 413-534-2627
Phoenix House Academy Intake line	15 Mulberry St, Springfield MA 413-739-2440
Providence Behavioral Health Intake line	1233 Main St, Holyoke MA 800-274-7724

Sloan Clinic
Intake line 471 Chestnut St, Springfield MA
413-794-5555

Spectrum IOP
Intake line 585 Lincoln St, Worcester MA
508-854-3320

Medication- Assisted Treatment Providers

These providers offer specific medication for the treatment of substance use problems; most often opiate related addiction treatment.

Baystate Medical Center
(Suboxone Treatment) 759 Chestnut St, Springfield MA
413-794-0000

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 278 Main St (Suite 307), Greenfield MA
413-376-4343

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 117 Park Ave, West Springfield MA
413-788-0100

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 384 High Street, Holyoke MA
413-650-0590

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 133 Maple St, Springfield MA
413-736-1458

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 411 Chandler St, Worcester MA
508-471-5600

CleanSlate Addiction Treatment Center
(Suboxone Treatment) 85 South St, Ware MA
877-218-2340

Community Substance Abuse Centers
(Methadone Treatment) 628 Center St, Chicopee MA
413-746-0051 ext. 101

Community Substance Abuse Centers
(Methadone Treatment) 125 North Elm St (3rd Fl), Westfield MA
413-568-6600

Community Substance Abuse Centers
(Methadone Treatment) 297 Pleasant St, Northampton MA
413-584-2404

Community Substance Abuse Centers
(Methadone Treatment) 117 Shelburne Rd, Greenfield MA
413-774-3321

Experience Wellness Center 80 Congress St, Springfield MA

(Suboxone Treatment)	413-732-0040
Family Health Center of Worcester (Suboxone Treatment)	26 Queen St, Worcester MA 508-860-7700
Habit OPCO (Methadone Treatment)	155 Airport Rd, Fitchburg MA 978-343-6300
Habit OPCO (Methadone Treatment)	2257 Main St, Springfield MA 413-733-3488
Healthy Living Program (Suboxone Treatment)	568 Main St, Indian Orchard MA 413-301-7759
Holyoke Health Center (Suboxone Treatment)	230 Maple St, Holyoke MA 413-420-2200
Providence Behavioral Health (Methadone Treatment)	1233 Main St, Holyoke MA 413-536-5111
Providence Behavioral Health (Methadone Treatment)	227 Mill St, Springfield MA 413-781-1926
Spectrum Outpatient (Methadone Treatment)	585 Lincoln St, Worcester MA 508-854-3320
Spectrum Outpatient (Methadone Treatment)	176 Main St, Southbridge MA 508-765-5940
Spectrum Outpatient (Methadone Treatment)	105 Merrick St, Worcester MA 800-464-9555

Pain Management

These providers specialize in treatment of pain.

Dr. Bentley A. Ogoke, MD Intake line	125 Liberty St, Springfield MA 413-733-7515
Northern Pain Management Intake line	125 Liberty St, Springfield MA 413-374-9447
New England Pain Associates Intake line	123 Summer St, Worcester MA 508-926-8922

Pain Management and Rehab Center Intake line	250 Belmont Ave, Springfield MA 413-788-4224
Pain Management and Rehab Center Intake line	673 Main St, West Springfield MA 413-734-4585
Pain Management and Spinal Care Intake line	295 Lincoln St, Worcester MA 508-795-1810
S V Pain Management Intake line	171 Dwight Rd, Longmeadow MA 413-754-3793

Recovery Learning Communities (RLC's)

Recovery Learning Communities, RLC's, are consumer run networks of self help and peer support, information and referral, advocacy and training activities. RLC's promote recovery for individuals with mental health and substance use problems at no cost.

Central Mass RLC site Phone	91 Stafford St, Worcester MA 508-751-9601
RLC Bowen Center Phone	340 Main St, Springfield MA 413-732-1703
RLC Caledonian Building Phone	187 High St (303), Holyoke MA 413-539-5941
RLC Greenfield Center Phone	74 Federal St, Greenfield, MA 413-772-0715
Western Mass RLC site Phone	187 High St, Holyoke MA 866-641-2853

Domestic Violence Resources

The list below include services, hotlines, groups, and resources for those being abused in a domestic relationship. Resources for abusers are also listed.

Batterer's Intervention Program at Carson Center Contact Cole Murphy	96 South St, Ware MA 413-579-7569
BreaktheCycle.org	
Center for Women and Community (Sexual Assault/Rape Crisis Program) Amherst, MA	413-545-0800

Domestic Violence Advocacy, Support and Safe house Program
 Carson Center 96 South St, Ware MA
 Contact Donna Covino 413-578-2924

Elizabeth Freeman Center (Domestic Violence Program, Emergency Shelter,
 Sexual Assault/Rape Crisis Program) Pittsfield, MA
 Phone 866-401-2425

Gay Men's Domestic Violence Project 800-832-1901

GLBTQ Domestic Violence Project Hotline 800-832-1909

JaneDoe.org

LoveisRespect.org

Massachusetts Office for Victim Assistance (MOVA) 617-586-1340

National Domestic Violence Hotline 800-799-7233

National Sexual Assault Hotline 800-656-4673

NELCWIT (Domestic Violence Program, Emergency Domestic Violence Shelter,
 Sexual Assault/Rape Crisis Program) Greenfield, MA
 Phone 413-772-0806

New Hope (Domestic Violence Program, Emergency Domestic Violence Shelter,
 Sexual Assault/Rape Crisis Program) Webster, MA
 Phone 800-323-4673

Pathways for Change (Rape Crisis Center for Central MA) Worcester, MA
 Phone 800-870-5905

SafeLink Hotline (MA Statewide 24/7 Hotline) 877-785-2020

Safe Passage (Domestic Violence Program, Emergency Domestic Violence
 Shelter) Northampton, MA
 Phone 888-345-5282

Women's Shelter/Companeras (Domestic Violence Program, Emergency
 Domestic Violence Shelter) Holyoke, MA
 Phone 877-536-1628

YWCA Central MA; DayBreak and BWR (Domestic Violence Program,
 Emergency Domestic Violence Shelter) Worcester, MA
 Phone 508-755-9030

YWCA Western MA (Domestic Violence Program, Emergency Domestic Violence Shelter, Sexual Assault/Rape Crisis Program) Springfield, MA
Phone 800-536-1628

Hotlines

Hotlines are run by consumers and professionals to assist those in crisis.

- Alanon/Alateen 508-366-0556
This is a statewide number for accessing local groups; support groups for family and friends of persons with addictions. Alateen is specifically to address the support the needs of young people (www.al-anon.org and www.al-anon.teen.org)
- Alcoholics Anonymous (AA) 800-327-5050
www.westernmassaa.org 413-532-2111
12-step support groups for persons with alcohol addiction
- Massachusetts Council on Compulsive Gambling 800-426-1234
support groups for persons with a gambling addiction
- Massachusetts Substance Abuse Hotline 800-327-5050
Provides information and referral about substance abuse and treatment; run through Department of Public Health
- Mass Suicide Prevention (DPH) 617-624-5438
- Narcotics Anonymous (NA) 866- NA HELP U
www.nerma.org 866- 624-3578
www.newenglandna.org
12-step support groups for persons with drug addiction
- National Suicide Prevention Hotline 800-273-8255
www.suicidepreventionlifeline.org
federally funded suicide prevention hotline; connects individuals to crisis centers across the country; staff have essential resources to assist in a suicide crisis
- Recovery Hotline for Alcohol 800-252-6465
Crisis hotline staffed by volunteers
- Samaritans 877-870-4673
Crisis hotline staffed by volunteers; provides support to persons who are suicidal or in despair

Trevor Helpline 866-488-7386
Crisis hotline specifically for Lesbian, Gay, Bisexual,
and Transgender youth and young adults

Warm Lines

Warm lines are run by and for consumers; they are used by consumers who need to talk to someone, but are not in crisis

Western Massachusetts

Pioneer Valley Warm Line 413-747-8658
Hours: Wed-Sun 5pm -1am

Western Mass Peer Support 888-407-4515
Hours: daily 8pm -midnight

Central Massachusetts

Central Mass. Recovery Learning Community 508-468-9740
Hours: daily 6-8 pm

Crossroads Warm line 978-629-8485
Hours: daily 4-7 pm and 10-12 pm

Tradewinds Warm line 508-864-0270
Hours: Friday 4-10 pm, weekends 10 am-10pm

Westwinds Warm line 508-426-1660
Hours: daily 6-9 pm

Additional and Educational Resources

Dual Recovery Anonymous (DRA) 913-991-2703
www.draonline.org
12 step groups for persons with both mental illness
and addiction; website list local groups

Emotions Anonymous 651-647-9712
12-step format for dealing with emotional distress;
call for statewide meeting list

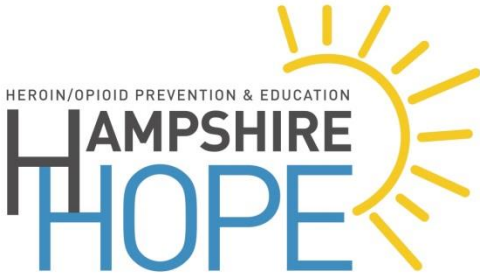
Learn 2 Cope
“Learn to Cope is a support organization that offers education, resources,
peer support and hope for parents and family members coping with a
loved one addicted to opiates or other drugs”.
Learn2cope.org

Massachusetts Legal Assistance Corporation	617-367-8544
Massachusetts Organization for Addiction Recovery www.neaar.org/moar Advocacy organization focusing on addiction recovery; provides education and support	877-423-6627
Massachusetts Smokers Helpline Free and confidential way to get support and help to quit smoking	800-784-8669
Massachusetts Substance Abuse Info and Education www.helpline-online.com Information on youth and adult programs in MA	800-327-5050
Massachusetts Smokers Helpline Free and confidential way to get support and help to quit smoking. www.makesmokinghistory.org	1-800-QUIT-NOW 1-800-784-8669
Recovery Project 68 Federal St, Greenfield MA "Community opened to all concerned with alcohol and drug addiction. It exists to foster recovery and empower individuals, families, and the greater community" www.RecoeryProject.org	423-774-5489
Residential Assistance for Families in Transition (RAFT)	800-224-5124
Quaboag Hills Community Coalition Substance Use Task Force qhcc.weebly.com/substance-use-task-force.html Community resource to be involved with addressing the problem of drug use	
Springfield Recovery High School 334 Franklin Street, Springfield MA Sps.springfield.ma.us/schoolsites/recovery	413-750- 2484 TTY: 413- 750-2660
Smart Recovery www.smartrecovery.org Alternative to AA/NA for recovery from addiction	766-951-5357
Tapestry Health 296 Nonotuck Rd, Florence MA Provide Narcan Training, family planning, nutritional assistance, HIV/AIDS services, clean needle exchange	413-586-2016
Try-To-Stop Tobacco Resource Center of MA www.trytostop.org	800-879-8678

Basic Needs

Department of Transitional Services Assistance with food and SNAP benefits	866-950-3663
Energy and Utility Fuel assistance and utility discounts. Telephone discounts.	800-632-8175
Massachusetts Coalition for the Homeless (MHC) Advocacy to help states homeless and near-homeless	781-595-7570
Masshealth Enrollment Free health insurance for those that qualify.	888-665-9993
MBTA Special Needs Office Helps persons with disabilities to obtain passes for reduced fares for public transportation	617-222-5438
Project Bread Food Source Hotline MA food banks offer emergency assistance; food banks and food assistance	800-645-8333
Worcester County Food Bank	508-842-3663
The Food Bank of Western MA	413-247-9738
SNAP (Supplemental Nutrition Assistance Program)	866-950-3663
Women, Infants and Children (WIC) Nutrition Program	413-737-8868

*Printing provided courtesy of
Hampshire Hope Coalition & Baystate Mary Lane Hospital*



Baystate  Mary Lane Hospital