Quaboag Hills Region Resource Guide

For Drug and Alcohol Treatment and Related Services

the carson center

Hampshire HOPE

Quaboag Hills Community Coalition

Baystate + Mary Lane Hospital
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Detoxification Services

Detoxification services can be accessed if you are or someone is in need of detoxification from substance use. The best way to get directly into a detoxification unit is to call and ask if they have open beds and then go to the facility. Each day beds will open so it’s important to continue to call and ask.

AdCare Hospital  (107 Lincoln Street, Worcester MA)  800-345-3552
Baystate Medical Center (471 Chestnut St, Springfield MA)  413-733-1423
Berkshire Medical Center (165 Tor Court, Pittsfield MA)  413-442-1400
Brattleboro Retreat (1 Anna Marsh Lane, Brattleboro VT)  802-258-3700
Community HealthLink (68 Jacques Ave, Worcester MA)  508-860-1200
Providence Behavioral Health (1233 Main St, Holyoke MA)  800-274-7724
Spectrum Detox (154 Oak Street, Westborough MA)  800-366-7732

Hospitals

Each Hospital listed will assess you if you are in crisis for either substance use or mental health problems. The hospitals can assist in accessing detoxification and other resources.

Athol Memorial Hospital (2033 Main St, Athol MA)  978-249-3511
Baystate Mary Lane (85 South St, Ware MA)  413-967-6211
Baystate Medical Center (759 Chestnut St, Springfield MA)  413-794-0000
Baystate Wing Hospital (40 Wright St, Palmer MA)  413-283-7651
Cooley Dickinson (30 Locust St, Northampton MA)  413-582-2000
Harrington Memorial (100 South St, Southbridge MA)  508-765-9771
Heywood Hospital (242 Green Street, Gardener MA)  978-632-3420
Holyoke Medical Center (575 Beech St, Holyoke MA)  413-534-2500
Johnson Memorial (201 Chestnut Hill, Stafford Springs CT)  860-864-4251
Mercy Medical Center (271 Carew St, Springfield MA)  413-748-9000
Emergency Services/Crisis Centers

Provide emergency screenings and placement for individuals in mental health and or substance use emergencies. If you cannot get to the location you may be seen by mobile team at home or in the community. Services are 24/7 and go by what area you are located in. Statewide ESP 877-382-1609

Esp Provider: Community HealthLink Inc.
24 Hour Access number: 800-977-5555
Sites are located in Leominster, Gardner

**South County** towns include (Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster & West Brookfield)
Esp Provider: Riverside Community Care
24 Hour Access number: 800-294-4665
Sites are located in Hopedale, Upton & Southbridge

**Worcester County** towns include: Auburn, Boylston, Grafton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West Boylston & Worcester
Esp Provider: UMass Memorial Medical Center
24 Hour Access number: 866-549-2142
Sites are located in Worcester

**Southern Pioneer Valley** towns include: Agawam, Belchertown, Blandford, Bondsville, Chester, Chicopee, East Longmeadow, Granby, Hampden, Holyoke, Huntington, Indian Orchard, Longmeadow, Ludlow, Monson, Montgomery, Palmer, Russell, South Hadley, Southampton, Southwick, Springfield, Thordike, Three Rivers, Tolland, Ware, Westfield, West Springfield & Wilbraham
Esp Provider: Behavioral Health Network
24 Hour Access number: 800-437-5922
Sites are located in Holyoke, Springfield & Westfield
**Northampton** towns include: Amherst, Chesterfield, Cummington, Easthampton, Florence, Goshen, Hadley, Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, Worthington

ESP Provider: Clinical and Support Options
24 Hour Access number: 800-322-0424
Sites are located in Florence

**Substance Use and Recovery Counselors**

These are providers who offer assessment and substance use therapies.

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Intake line</th>
</tr>
</thead>
<tbody>
<tr>
<td>AdCare Outpatient Services</td>
<td>117 Park Ave, West Springfield MA</td>
<td>413-209-3124</td>
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<tr>
<td>Agawam Counseling Center</td>
<td>30 Southwick St, Agawam MA</td>
<td>413-789-9623</td>
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<tr>
<td>Carson Center for Adults and Families</td>
<td>120 Maple St, Springfield MA</td>
<td>413-737-3730</td>
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<tr>
<td>Carson Center for Adults and Families</td>
<td>77 Mill St (Suite 251), Westfield MA</td>
<td>413-568-6141</td>
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<tr>
<td>Carson Center for Adults and Families</td>
<td>96 South St, Ware MA</td>
<td>413-967-6241</td>
</tr>
<tr>
<td>Center for Human Development</td>
<td>367 Pine Street, Springfield MA</td>
<td>800-232-0510</td>
</tr>
<tr>
<td>Clinical and Support Options</td>
<td>1 Arch Place, Greenfield MA</td>
<td>413-774-1000</td>
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<tr>
<td>Clinical and Support Options</td>
<td>8 Atwood Drive, Northampton MA</td>
<td>413-586-8550</td>
</tr>
<tr>
<td>Clinical and Support Options</td>
<td>130 Maple St, Springfield MA</td>
<td>413-737-9544</td>
</tr>
<tr>
<td>Crossroads Agency</td>
<td>80 Congress (Suite 106), Springfield MA</td>
<td>413-739-1611</td>
</tr>
<tr>
<td>Crossroads Agency</td>
<td>121 Lincoln St, Worcester MA</td>
<td>508-795-1611</td>
</tr>
<tr>
<td>Gandara Center</td>
<td>2155 Main St, Springfield MA</td>
<td></td>
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</tbody>
</table>
Intake line 413-736-0395
Griswold Center 40 Wright St, Palmer MA
Intake line 413-284-5285
Holyoke Medical Center 575 Beech St, Holyoke MA
Intake line 413-534-2698
Mt. Tom Center for MH and Recovery 40 Bobala Rd, Holyoke MA
Intake line 413-536-5473
Mt. Tom City Clinic (BHN) 230 & 235 Maple St, Holyoke MA
Intake line 413-532-0389
Positive Path Counseling Center 4 South Street, Ware MA
Appointment Line 413-627-9749
Providence Behavioral Health 1233 Main St, Holyoke MA
Intake line 413-536-5111
Phoenix House Outpatient 15 Mulberry St, Springfield MA
Intake line 844-439-4523
ServiceNet Outpatient Programs 55 Federal St, Greenfield MA
Intake line 877-984-6855
Sloan Clinic (BHN) 471 Chestnut St, Springfield, MA
Intake line 413-733-1431

**Substance Use and Recovery Counselors for Youth**

These are providers who offer assessment and substance use therapies that specialize in youth services.

Carson Center for Human Services 20 Broad St, Westfield MA
Intake line 413-568-1421
Carson Center for Human Services 96 South St, Ware MA
Intake line 413-967-6241
Child Guidance Clinic (BHN) 110 Maple St, Springfield MA
Intake line 413-732-7419
Clinical & Support Options 10 Main St, Florence MA
Intake line 413-586-8550
<table>
<thead>
<tr>
<th>Service Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Community Healthlink Youth Outpatient</td>
<td>71 Jacques Ave, Worcester MA</td>
<td>508-791-3261</td>
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<tr>
<td>Counseling and Assessment Clinic</td>
<td>51 Union St (G02), Worcester MA</td>
<td>508-756-2005</td>
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<tr>
<td>Gandara Mental Health Youth</td>
<td>2155 Main St, Springfield MA</td>
<td>413-736-0395</td>
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<tr>
<td>Genesis Counseling Services</td>
<td>24 Union Ave (11), Framingham MA</td>
<td>508-620-2992</td>
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<tr>
<td>George Wells Human Services</td>
<td>29 Pine St, Southbridge MA</td>
<td>508-765-9167</td>
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<td>Griswold Center</td>
<td>40 Wright St, Palmer MA</td>
<td>413-283-7651</td>
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<td>Intake line</td>
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<tr>
<td>LUK Crisis Center Counseling</td>
<td>1280 Main St, Worcester MA</td>
<td>508-438-1490</td>
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<td>LUK Crisis Center Counseling</td>
<td>545 Westminster St, Fitchburg MA</td>
<td>978-829-2248</td>
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<tr>
<td>North Central Human Service</td>
<td>31 Lake St, Gardner MA</td>
<td>978-632-9400</td>
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<tr>
<td>Providence Behavioral Health</td>
<td>1233 Main St, Holyoke MA</td>
<td>413-538-9400</td>
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<td>Intake line</td>
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<tr>
<td>Phoenix Outpatient for Youth</td>
<td>15 Mulberry St, Springfield MA</td>
<td>413-739-2440</td>
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<td>Intake line</td>
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<tr>
<td>Sloan Clinic Counseling</td>
<td>471 Chestnut St, Springfield MA</td>
<td>413-794-5555</td>
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<tr>
<td>Spectrum Outpatient Youth</td>
<td>585 Lincoln St, Worcester MA</td>
<td>508-797-6100</td>
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<tr>
<td>Spectrum Outpatient Youth</td>
<td>76 Summer Street (140), Fitchburg MA</td>
<td>978-343-2433</td>
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<tr>
<td>Youth Opportunities Upheld</td>
<td>81 Plantation Street, Worcester MA</td>
<td>508-849-5600</td>
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<td>Intake line</td>
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<tr>
<td>Wayside Youth and Family Support</td>
<td>121 Providence St, Worcester MA</td>
<td>508-929-2000</td>
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</tbody>
</table>
**Resources for Youth**

Alateen refers to, "worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help." Alateen "is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years". For lists of meetings or for more information call 888-425-2666 or visit www.al-anon.alateen.org

CASTLE (Clean and Sober Teens Living Empowered) Detoxification Unit  
10 Meadowbrook Rd, Brockton MA  508-638-6000

CASTLE (Clean and Sober Teens Living Empowered) Rehabilitation Unit  
10 Meadowbrook Rd, Brockton MA  508-638-6000

Central Intake and Care Coordination (CICC)  
866-705-2807  
www.healthyrecovery.org  
Free and confidential help with finding the right youth service or program

Department of Public Health Bureau of SA  
617-624-5161  
www.mass.gov/dph/bsas  
Office of Youth and Young Adult Services

Motivating Youth Recovery (MYR) Detoxification Unit  
26 Queen St, Worcester MA  508-860-1244

Motivating Youth Recovery (MYR) Rehabilitation Stabilization Unit  
26 Queen St, Worcester MA  508-860-1244

The CASTLE (Clean and Sober Teens Living Empowered) Detoxification Unit  
10 Meadowbrook Rd, Brockton MA  508-638-6000

The CASTLE (Clean and Sober Teens Living Empowered) Rehabilitation Unit  
10 Meadowbrook Rd, Brockton MA  508-638-6000

Central Intake and Care Coordination (CICC)  
866-705-2807  
www.healthyrecovery.org  
Free and confidential help with finding the right youth service or program

Department of Public Health Bureau of SA  
617-624-5161  
www.mass.gov/dph/bsas  
Office of Youth and Young Adult Services

National Teen Dating Abuse Helpline  
866-331-9474
**Day Treatment; Intensive Outpatient Program (IOP)**

These are services that meet 3-5 days per week for a minimum of 3.5 hours a day. These programs are designed to assist substance users in stabilizing and finding personal recovery.

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>AdCare Hospital</td>
<td>95 Lincoln St, Worcester MA</td>
<td>800-345-3552</td>
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<tr>
<td>Intake line</td>
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<tr>
<td>Beacon Programs</td>
<td>48 Sanderson St, Greenfield MA</td>
<td>413-773-4444</td>
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<tr>
<td>Carson Center for Human Services</td>
<td>96 South St, Ware MA</td>
<td>413-967-6241</td>
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<tr>
<td>Intake line</td>
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<tr>
<td>Center for Behavioral Health</td>
<td>575 Beech St, Holyoke MA</td>
<td>413-534-2627</td>
</tr>
<tr>
<td>Intake line</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical and Support Options</td>
<td>8 Atwood Drive, Northampton MA</td>
<td>413-586-8550</td>
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<tr>
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<tr>
<td>Community HealthLink Day Treatment</td>
<td>71 Jacques Ave, Worcester MA</td>
<td>508-860-1000</td>
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<tr>
<td>Crossroads Agency</td>
<td>80 Congress (Suite 106), Springfield MA</td>
<td>413-739-1611</td>
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<tr>
<td>Crossroads Agency</td>
<td>121 Lincoln St, Worcester MA</td>
<td>508-795-1611</td>
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<tr>
<td>Counseling &amp; Assessment Clinic</td>
<td>51 Union St (Suite G02), Worcester MA</td>
<td>508-756-2005</td>
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<tr>
<td>Gandara Center</td>
<td>2155 Main St, Springfield MA</td>
<td>413-736-0395</td>
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<tr>
<td>George B. Wells Center</td>
<td>29 Pine St, Southbridge MA</td>
<td>508-765-9167</td>
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<tr>
<td>Holyoke Medical Center</td>
<td>575 Beech St, Holyoke MA</td>
<td>413-534-2627</td>
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<tr>
<td>Phoenix House Academy</td>
<td>15 Mulberry St, Springfield MA</td>
<td>413-739-2440</td>
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<tr>
<td>Providence Behavioral Health</td>
<td>1233 Main St, Holyoke MA</td>
<td>800-274-7724</td>
</tr>
<tr>
<td>Intake line</td>
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</tbody>
</table>
Sloan Clinic  
471 Chestnut St, Springfield MA  
413-794-5555

Spectrum IOP  
585 Lincoln St, Worcester MA  
508-854-3320

**Medication- Assisted Treatment Providers**

These providers offer specific medication for the treatment of substance use problems; most often opiate related addiction treatment.

Baystate Medical Center  
759 Chestnut St, Springfield MA  
413-794-0000

CleanSlate Addiction Treatment Center  
278 Main St (Suite 307), Greenfield MA  
413-376-4343

CleanSlate Addiction Treatment Center  
117 Park Ave, West Springfield MA  
413-788-0100

CleanSlate Addiction Treatment Center  
384 High Street, Holyoke MA  
413-650-0590

CleanSlate Addiction Treatment Center  
133 Maple St, Springfield MA  
413-736-1458

CleanSlate Addiction Treatment Center  
411 Chandler St, Worcester MA  
508-471-5600

CleanSlate Addiction Treatment Center  
85 South St, Ware MA  
877-218-2340

Community Substance Abuse Centers  
628 Center St, Chicopee MA  
413-746-0051 ext. 101

Community Substance Abuse Centers  
125 North Elm St (3rd Fl), Westfield MA  
413-568-6600

Community Substance Abuse Centers  
297 Pleasant St, Northampton MA  
413-584-2404

Community Substance Abuse Centers  
117 Shelburne Rd, Greenfield MA  
413-774-3321

Experience Wellness Center  
80 Congress St, Springfield MA
(Suboxone Treatment) 413-732-0040
Family Health Center of Worcester 26 Queen St, Worcester MA
(Suboxone Treatment) 508-860-7700
Habit OPCO 155 Airport Rd, Fitchburg MA
(Methadone Treatment) 978-343-6300
Habit OPCO 2257 Main St, Springfield MA
(Methadone Treatment) 413-733-3488
Healthy Living Program 568 Main St, Indian Orchard MA
(Suboxone Treatment) 413-301-7759
Holyoke Health Center 230 Maple St, Holyoke MA
(Suboxone Treatment) 413-420-2200
Providence Behavioral Health 1233 Main St, Holyoke MA
(Methadone Treatment) 413-536-5111
Providence Behavioral Health 227 Mill St, Springfield MA
(Methadone Treatment) 413-781-1926
Spectrum Outpatient 585 Lincoln St, Worcester MA
(Methadone Treatment) 508-854-3320
Spectrum Outpatient 176 Main St, Southbridge MA
(Methadone Treatment) 508-765-5940
Spectrum Outpatient 105 Merrick St, Worcester MA
(Methadone Treatment) 800-464-9555

Pain Management

These providers specialize in treatment of pain.

Dr. Bentley A. Ogoke, MD 125 Liberty St, Springfield MA
Intake line 413-733-7515

Northern Pain Management 125 Liberty St, Springfield MA
Intake line 413-374-9447

New England Pain Associates 123 Summer St, Worcester MA
Intake line 508-926-8922
Pain Management and Rehab Center
250 Belmont Ave, Springfield MA
Intake line 413-788-4224

Pain Management and Rehab Center
673 Main St, West Springfield MA
Intake line 413-734-4585

Pain Management and Spinal Care
295 Lincoln St, Worcester MA
Intake line 508-795-1810

S V Pain Management
171 Dwight Rd, Longmeadow MA
Intake line 413-754-3793

Recovery Learning Communities (RLC’s)

Recovery Learning Communities, RLC’s, are consumer run networks of self help and peer support, information and referral, advocacy and training activities. RLC’s promote recovery for individuals with mental health and substance use problems at no cost.

Central Mass RLC site
91 Stafford St, Worcester MA
Phone 508-751-9601

RLC Bowen Center
340 Main St, Springfield MA
Phone 413-732-1703

RLC Caledonian Building
187 High St (303), Holyoke MA
Phone 413-539-5941

RLC Greenfield Center
74 Federal St, Greenfield, MA
Phone 413-772-0715

Western Mass RLC site
187 High St, Holyoke MA
Phone 866-641-2853

Domestic Violence Resources

The list below include services, hotlines, groups, and resources for those being abused in a domestic relationship. Resources for abusers are also listed.

Batterer’s Intervention Program at Carson Center
96 South St, Ware MA
Contact Cole Murphy 413-579-7569

BreaktheCycle.org

Center for Women and Community (Sexual Assault/Rape Crisis Program)
Amherst, MA 413-545-0800
Domestic Violence Advocacy, Support and Safe house Program
Carson Center 96 South St, Ware MA
Contact Donna Covino 413-578-2924

Elizabeth Freeman Center (Domestic Violence Program, Emergency Shelter, Sexual Assault/Rape Crisis Program) Pittsfield, MA
Phone 866-401-2425

Gay Men’s Domestic Violence Project 800-832-1901

GLBTQ Domestic Violence Project Hotline 800-832-1909

JaneDoe.org

LoveisRespect.org

Massachusetts Office for Victim Assistance (MOVA) 617-586-1340

National Domestic Violence Hotline 800-799-7233

National Sexual Assault Hotline 800-656-4673

NELCWIT (Domestic Violence Program, Emergency Domestic Violence Shelter, Sexual Assault/Rape Crisis Program) Greenfield, MA
Phone 413-772-0806

New Hope (Domestic Violence Program, Emergency Domestic Violence Shelter, Sexual Assault/Rape Crisis Program) Webster, MA
Phone 800-323-4673

Pathways for Change (Rape Crisis Center for Central MA) Worcester, MA
Phone 800-870-5905

SafeLink Hotline (MA Statewide 24/7 Hotline) 877-785-2020

Safe Passage (Domestic Violence Program, Emergency Domestic Violence Shelter) Northampton, MA
Phone 888-345-5282

Women’s Shelter/Companeras (Domestic Violence Program, Emergency Domestic Violence Shelter) Holyoke, MA
Phone 877-536-1628

YWCA Central MA; DayBreak and BWR (Domestic Violence Program, Emergency Domestic Violence Shelter) Worcester, MA
Phone 508-755-9030
Hotlines

Hotlines are run by consumers and professionals to assist those in crisis.

Alanon/Alateen 508-366-0556
This is a statewide number for accessing local groups; support groups for family and friends of persons with addictions. Alateen is specifically to address the support the needs of young people (www.al-anon.org and www.al-anon.teen.org)

Alcoholics Anonymous (AA) 800-327-5050
www.westernmassaa.org 413-532-2111
12-step support groups for persons with alcohol addiction

Massachusetts Council on Compulsive Gambling 800-426-1234
support groups for persons with a gambling addiction

Massachusetts Substance Abuse Hotline 800-327-5050
Provides information and referral about substance abuse and treatment; run through Department of Public Health

Mass Suicide Prevention (DPH) 617-624-5438

Narcotics Anonymous (NA) 866-NA HELP U
www.nerma.org 866-624-3578
www.newenglandna.org 866-624-3578
12-step support groups for persons with drug addiction

National Suicide Prevention Hotline 800-273-8255
www.suicidepreventionlifeline.org
federally funded suicide prevention hotline; connects individuals to crisis centers across the country; staff have essential resources to assist in a suicide crisis

Recovery Hotline for Alcohol 800-252-6465
Crisis hotline staffed by volunteers

Samaritans 877-870-4673
Crisis hotline staffed by volunteers; provides support to persons who are suicidal or in despair
Trevor Helpline 866-488-7386
Crisis hotline specifically for Lesbian, Gay, Bisexual, and Transgender youth and young adults

Warm Lines

Warm lines are run by and for consumers; they are used by consumers who need to talk to someone, but are not in crisis

Western Massachusetts

Pioneer Valley Warm Line 413-747-8658
Hours: Wed-Sun 5pm -1am

Western Mass Peer Support 888-407-4515
Hours: daily 8pm -midnight

Central Massachusetts

Central Mass. Recovery Learning Community 508-468-9740
Hours: daily 6-8 pm

Crossroads Warm line 978-629-8485
Hours: daily 4-7 pm and 10-12 pm

Tradewinds Warm line 508-864-0270
Hours: Friday 4-10 pm, weekends 10 am-10pm

Westwinds Warm line 508-426-1660
Hours: daily 6-9 pm

Additional and Educational Resources

Dual Recovery Anonymous (DRA) 913-991-2703
www.draonline.org
12 step groups for persons with both mental illness and addiction; website list local groups

Emotions Anonymous 651-647-9712
12-step format for dealing with emotional distress; call for statewide meeting list

Learn 2 Cope
“Learn to Cope is a support organization that offers education, resources, peer support and hope for parents and family members coping with a loved one addicted to opiates or other drugs”. Learn2cope.org
Massachusetts Legal Assistance Corporation       617-367-8544
Massachusetts Organization for Addiction Recovery 877-423-6627
www.neaar.org/moar
Advocacy organization focusing on addiction recovery; provides education and support
Massachusetts Smokers Helpline               800-784-8669
Free and confidential way to get support and help to quit smoking
Massachusetts Substance Abuse Info and Education 800-327-5050
www.helpline-online.com
Information on youth and adult programs in MA
Massachusetts Smokers Helpline Free and confidential way to get support and help to quit smoking. www.makesmokinghistory.org 1-800-QUIT-NOW 1-800-784-8669
Recovery Project 68 Federal St, Greenfield MA 423-774-5489
“Community opened to all concerned with alcohol and drug addiction. It exists to foster recovery and empower individuals, families, and the greater community”
www.RecoveryProject.org
Residential Assistance for Families in Transition (RAFT) 800-224-5124
Quaboag Hills Community Coalition Substance Use Task Force qhcc.weebly.com/substance-use-task-force.html Community resource to be involved with addressing the problem of drug use
Springfield Recovery High School 334 Franklin Street, Springfield MA Sps.springfield.ma.us/schoolsites/recovery 413-750-2484 TTY: 413-750-2660
Smart Recovery 766-951-5357
www.smartrecovery.org
Alternative to AA/NA for recovery from addiction
Tapestry Health 296 Nonotuck Rd, Florence MA 413-586-2016
Provide Narcan Training, family planning, nutritional assistance, HIV/AIDS services, clean needle exchange
Try-To-Stop Tobacco Resource Center of MA 800-879-8678
www.trytostop.org
**Basic Needs**

Department of Transitional Services 866-950-3663
Assistance with food and SNAP benefits

Energy and Utility 800-632-8175
Fuel assistance and utility discounts. Telephone discounts.

Massachusetts Coalition for the Homeless (MHC) 781-595-7570
Advocacy to help states homeless and near-homeless

Masshealth Enrollment 888-665-9993
Free health insurance for those that qualify.

MBTA Special Needs Office 617-222-5438
Helps persons with disabilities to obtain passes for reduced fares for public transportation

Project Bread Food Source Hotline 800-645-8333
MA food banks offer emergency assistance; food banks and food assistance
Worcester County Food Bank 508-842-3663
The Food Bank of Western MA 413-247-9738
SNAP (Supplemental Nutrition Assistance Program) 866-950-3663
Women, Infants and Children (WIC) Nutrition Program 413-737-8868
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